The Trump Administration is working to reopen the government for the American people. Mission-critical activities of CDC will continue during the Democrat-led government shutdown. Certain federal government activities have ceased due to a lack of appropriated funding. During the government shutdown, only web sites supporting excepted functions will be updated. As a result, the information on this website may not be up to date and the agency may not be able to respond to inquiries.

National Center for Health Statistics

Depression

Data are for the U.S.

The latest data are available from the National Health Interview Survey's Early Release Program

Morbidity

- Percent of adults age 18 and older with regular feelings of depression: 4.8%

Source: Early Release of Selected Estimates Based on Data From the 2024 National Health Interview Survey [PDF – 253 KB]

Physician office visits

- Number of physician office visits with depressive disorders as the primary diagnosis: 15.0 million
- Percent of physician office visits with depression indicated on the medical record: 11.0%

Source: National Ambulatory Medical Care Survey: 2019 National Summary Tables, tables 14, 16 [PDF – 865 KB]

Emergency department visits

- Percent of emergency department visits with depression indicated on the medical record: 11.2%

Source: National Hospital Ambulatory Medical Care Survey: 2022 National Summary Tables, table 12 [PDF – 1 MB]

Mortality

- Number of suicide deaths: 49,316
- Suicide deaths per 100,000 population: 14.7

Source: National Vital Statistics System – Mortality Data (2023) via CDC WONDER

Related FastStats

- Mental health

- Suicide/Self-Inflicted Injury

More Data

- Trends in Mental health from Health, United States
- Interactive Summary Health Statistics for Adults: National Health Interview Survey, 2019-2024
- Mental Health – Household Pulse Survey – COVID-19
- Symptoms of Anxiety and Depression Among Adults: United States, 2019 and 2022 [PDF – 507 KB]
- Suicide Mortality in the United States, 2002–2022
- Living Alone and Feelings of Depression Among Adults Age 18 and Older [PDF – 388 KB]
- Mental Health Treatment Among Children Ages 5–17 Years: United States, 2021
- Mental Health Treatment Among Adults Ages 18–44: United States, 2019-2021
- Symptoms of Anxiety or Depressive Disorder and Use of Mental Health Care Among Adults During the COVID-19 Pandemic – United States, August 2020-February 2021
- Assessing Anxiety and Depression: A Comparison of National Health Interview Survey Measures

Related Links

- Mortality Statistics
- National Ambulatory Medical Care Survey
- National Hospital Ambulatory Medical Care Survey
- National Health Interview Survey
- National Health and Nutrition Examination Survey
- Centers for Disease Control and Prevention: Mental Health
- National Institute of Mental Health: Depression
- Substance Abuse and Mental Health Services Administration: Depression

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Yes Partly No